

JOM! LIVE WITH VITALITY

Wellness Day at the Park

11 June, Saturday | 8am – 10am

Laman Cergas AIA Vitality, Taman Metropolitan Kepong

Don't miss the chance to join us for a morning of health and wellness!
Open to **200** guests for **FREE!** First-come-first-served basis.

Key Highlights:

- An exclusive workout by Datuk Nicol David, AIA Malaysia Ambassador
- Fun Zumba
- Free Health Checks
- Adopt a plant for free
- Delicious breakfast picnic for everyone
- Plus other fun activities and lucky draws!

REGISTER NOW at bit.ly/aiajomlive

Registration closes on 8 June 2022

