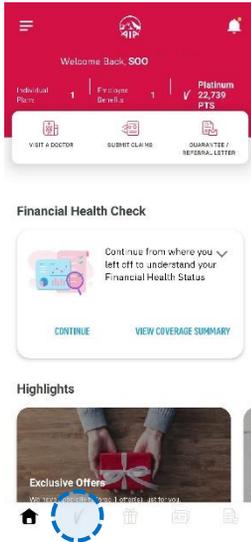


# Guide to claim points for AIA Vitality Health Check

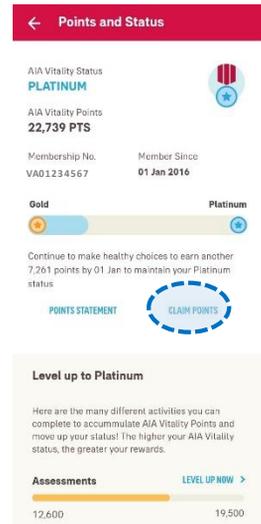
**1** Select the **AIA Vitality Dashboard** on your **My AIA app**



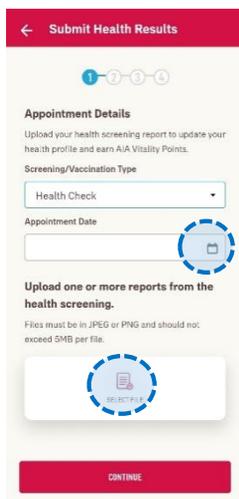
**2** Tap the **arrow button** on the most right of **Points and Status bar**



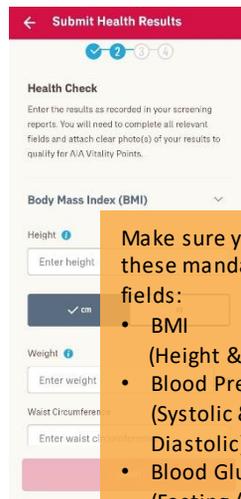
**3** Select **CLAIM POINTS**



**4** Select your **Appointment Date** and upload the **health screening report(s)**



**5** Key in your **health check results** for all **4 tests**



Make sure you fill up these mandatory fields:

- BMI
- (Height & Weight)
- Blood Pressure (Systolic & Diastolic)
- Blood Glucose (Fasting / Random)
- Cholesterol (Total Cholesterol)

**6** You have completed the claim points process!

