

AIA Vitality

HOW TO CLAIM POINTS FOR AIA VITALITY HEALTH CHECK

Get up to 10,000 points by completing 4 basic tests! *



+1,000
POINTS

BODY MASS INDEX (BMI)



+1,000
POINTS

BLOOD PRESSURE



+1,000
POINTS

BLOOD GLUCOSE



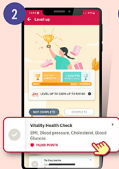
+1,000
POINTS

CHOLESTEROL

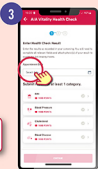
Additional **+1,500 POINTS** for each result that falls within the healthy range



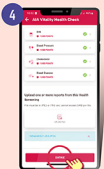
Head to your AIA Vitality dashboard on your MyAIA App. Select your Level Up Dashboard.



Select "AIA Vitality Health Check".



Select your appointment date.



Input in your results and upload all supporting documents. Select "Continue" once done.



Review your submission and click "Next".



All set!

WHERE CAN I COMPLETE THIS HEALTH CHECK?

guardian **FREE**

Prior appointment is required**

BP **FREE**

Prior appointment is required**

AIA Panel clinics & hospitals
10% off health screenings in selected clinics and hospitals

Any healthcare provider
As long as you have these 4 tests documented



Uploaded results must be within 6 months in your current membership year and contains your name stated clearly.

MORE INFO AT
www.bit.ly/howtovhc



*T&C for points apply and are subject to change at any time. Any ineligible activity will result in points being reversed.

**Selected pharmacies & outlets only. Guardian and BP Healthcare reserve the rights to turn away members who walk in for the health check without prior appointment.

AIA Vitality

PEROLEH MATA DARI AIA VITALITY HEALTH CHECK

Dapatkan sebanyak 10,00 mata melalui 4 ujian asas! *



+1,000
MATA

BMI



+1,000
MATA

TEKANAN DARAH



+1,000
MATA

GLUKOSA DARAH

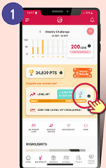


+1,000
MATA

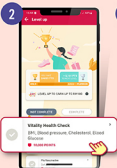
KOLESTEROL

+1,500
MATA

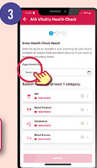
bagi setiap keputusan dalam lingkungan sihat



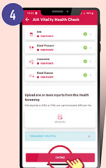
Pilih dashboard "Level Up"
dari paparan AIA Vitality



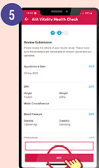
Pilih "AIA Vitality Health Check"



Pilih tarikh janji temu anda



Masukkan keputusan ujian dan
muat naik dokumen berkaitan.
Pilih "Continue"



Semak maklumat anda
dan pilih "Next"



Semua sedia!

CARA MEMBUAT
Pemeriksaan
Kesehatan ini

guardian PERCUMA

Temu janji adalah wajib**

BP PERCUMA

Temu janji adalah wajib**

Klinik dan hospital panel AIA
Diskaun 10% untuk pemeriksaan
kesehatan di klinik dan hospital terpilih

Pusat kesihatan pilihan anda
Asalkan anda mempunyai
keputusan 4 ujian ini



Keputusan yang dimuat naik
mestilah dalam tempoh 6 bulan
dalam tahun keahlian anda dan
mengandungi nama anda

MAKLUMAT LANJUT DI
www.bit.ly/howtovhc



*Jumlah mata tertakluk kepada terma dan syarat dan perubahan pada bila-bila masa. Sebarang aktiviti yang tidak asli akan menyebabkan mata diambil balik.
**Farmasi terpilih sahaja. Guardian dan BP Healthcare berhak menolak ahli yang datang tanpa membuat temu janji terlebih dahulu.