

AIA Vitality

HOW TO CLAIM POINTS FOR THE AIA VITALITY HEALTH CHECK

Get up to 10,000 points by completing 4 basic tests*!



+1,000
POINTS

BMI



+1,000
POINTS

BLOOD PRESSURE



+1,000
POINTS

BLOOD GLUCOSE



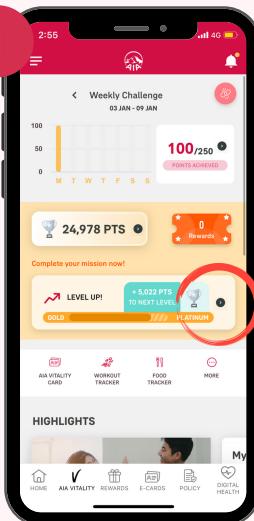
+1,000
POINTS

CHOLESTEROL

+1,500
POINTS

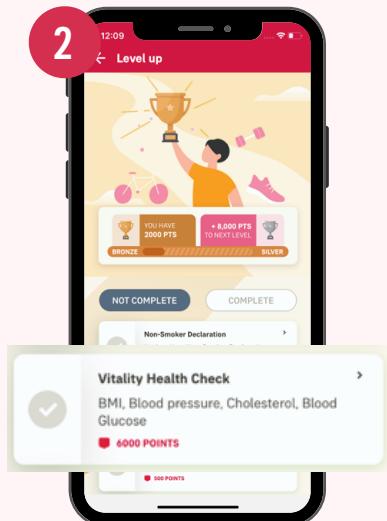
for each result that falls within the healthy range

1



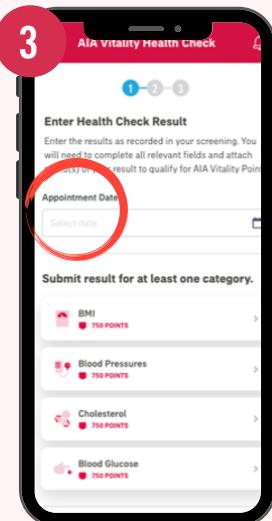
Select your Level Up dashboard from the AIA Vitality page

2



Select the task 'Vitality Health Check'

3



Select your appointment date

WHERE CAN I COMPLETE THIS HEALTH CHECK?

guardian **FREE**

Prior appointment is required**



Leader in Health Check

Member exclusive rates

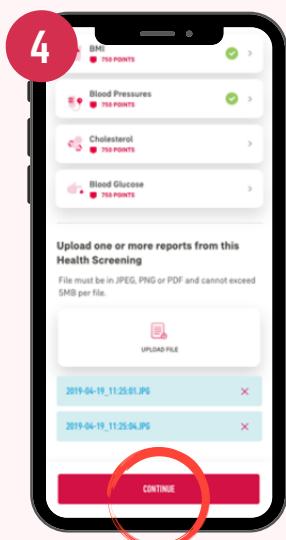
AIA panel clinics & hospitals

10% off health screenings in selected clinics and hospitals

Any healthcare provider

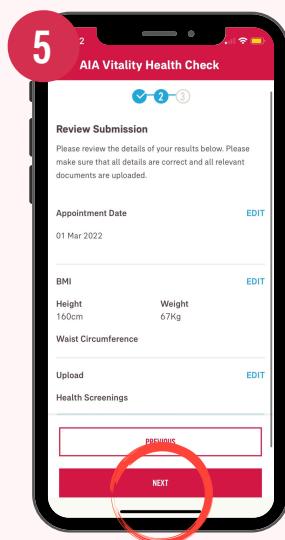
As long as you have these 4 tests documented

4



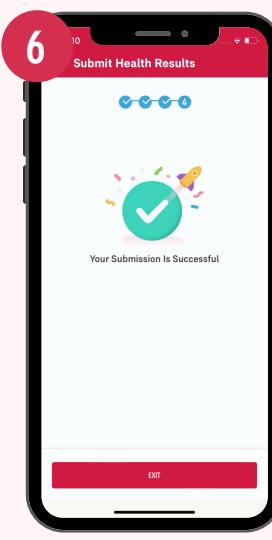
Input in your results and upload all supporting documents. Select 'Continue' once done

5



Review your submission and select 'Next'

6



All set!

Uploaded results must be within 6 months in your current membership year and contain your name stated clearly.

MORE INFO AT
www.bit.ly/howtovhc



*T&C for points apply and are subject to change at any time. Any ingenuine activity will result in points being reversed.
**Selected pharmacies only. Guardian also reserves the right to turn away members who walk in for the health check without prior appointment.

AIA Vitality

PEROLEH MATA DARI AIA VITALITY HEALTH CHECK

Dapatkan sebanyak 10,000 mata melalui 4 ujian asas*!



+1,000
MATA

BMI



+1,000
MATA

BLOOD PRESSURE



+1,000
MATA

BLOOD GLUCOSE



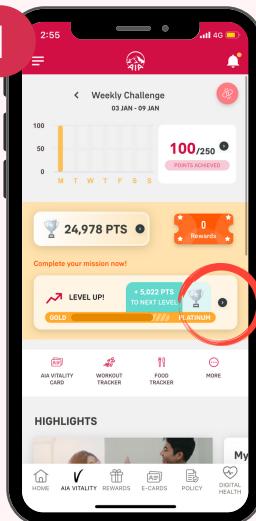
+1,000
MATA

CHOLESTEROL

+1,500
MATA

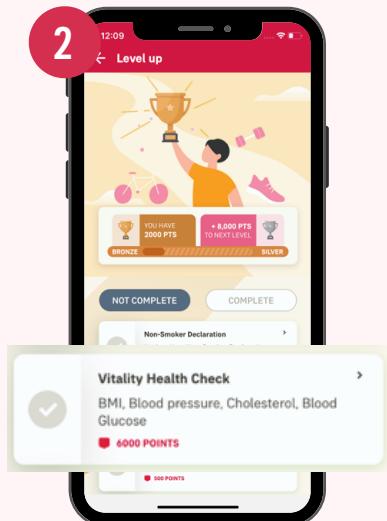
bagi setiap keputusan dalam lingkungan sihat

1



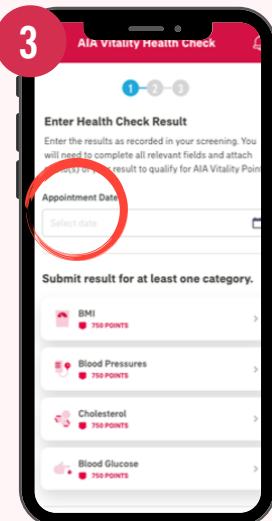
Pilih dashboard 'Level Up'
dari paparan AIA Vitality

2



Pilih 'Vitality Health Check'

3



Pilih tarikh janji temu anda

CARA MEMBUAT
PEMERIKSAAN
KESIHATAN INI

guardian **FREE**

Temu janji adalah wajib**



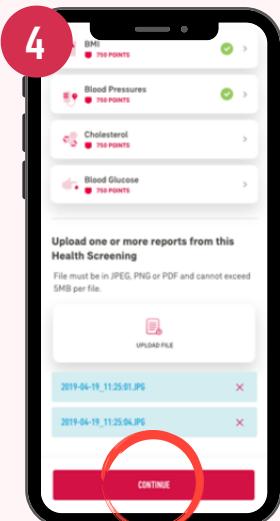
Leader in Health Check

Kadar ekslusif ahli

Klinik dan hospital panel AIA

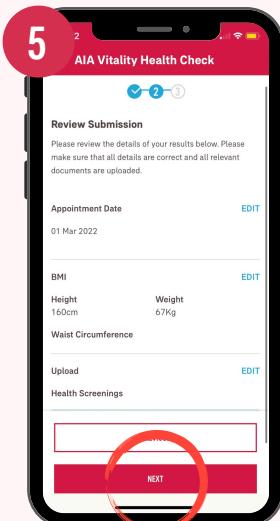
Diskaun 10% untuk pemeriksaan
kesihatan di klinik dan hospital terpilih

4



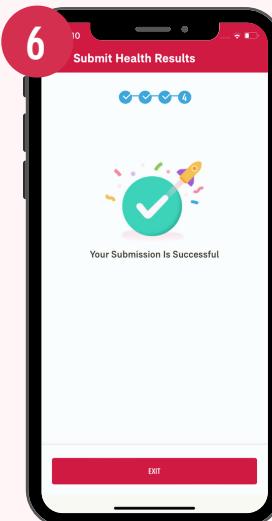
Masukkan keputusan ujian dan muat
naik dokumen berkaitan. Pilih 'Continue'

5



Semak maklumat anda
dan pilih 'Next'

6



Sebaua sedia!

Pusat kesihatan pilihan anda
Asalkan anda mempunyai
keputusan 4 ujian ini

Keputusan yang dimuat naik
mestilah dalam tempoh 6 bulan
dalam tahun keahlian anda dan
mengandungi nama anda.

MAKLUMAT LANJUT DI
www.bit.ly/howtovhc



*Jumlah mata tertakluk kepada terma dan syarat dan perubahan pada bila-bila masa. Sebarang aktiviti yang tidak asli akan menyebabkan mata diambil balik.

**Farmasi terpilih sahaja. Guardian juga berhak menolak ahli yang datang tanpa membuat temu janji terlebih dahulu.