

# Insurer's survey on healthiest workplace returns for second year

AIA Bhd has launched Malaysia's Healthiest Workplace 2018 by AIA Vitality, a comprehensive survey of the health and well-being of employees in Malaysia.

This marks the second year the insurance company has embarked on the initiative to study a broad range of organisations from various industries across the country.

The survey will provide a comprehensive overview of employees' health and well-being which, in turn, will help employers to identify effective interventions so that they can improve strategies to create a healthier environment for their workforce.

AIA Bhd chief executive officer Anusha Thavarajah said, "Response towards the survey in 2017 was very encouraging, and we know that the health and well-being of employees will continue to be a crucial topic in Malaysia as we look towards increasing workforce productivity and well-being.

"Our inaugural survey in 2017 discovered that Malaysia experiences high loss of productivity, as the average annual cost of health-related absenteeism and presenteeism (being at work while unwell) is approximately RM2.7mil per organisation.

"It is our goal to equip employers with the best insights and strategies to help improve business productivity while also improving well-being in the workplace and helping employees live healthier, longer and better lives," she added.

The 2018 survey is free and open to any organisation with a minimum of 20 employees.

Registration is open until the end of May. The survey will identify Malaysia's Healthiest Employer, Healthiest Employees and Healthiest Workplace across three organisation size categories – Small Organisation (20 to 249 employees); Medium Organisation (250 to 999 employees) and Large Organisation (1,000 employees and more).

A new award category, Malaysia's Most Improved Workplace, will be featured this year and is open to companies that have participated in the 2017 survey and will be participating again this year.

Winners will be announced at the end of this year.

Each participating employer will receive a comprehensive *Organisational Assessment*



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*Report*, which includes findings from both employer and employee responses.

AIA will also provide each participating employee a comprehensive overview of their health and well-being in terms of lifestyle, clinical indicators, mental health, stress and other areas that may concern them, as well as a personal report detailing their AIA Vitality Age.

Organisations that wish to participate can register via [healthiestworkplace.aia.com](http://healthiestworkplace.aia.com)