HEALTHIER, LONGER,
BETTER LIVES

AIA Care Line 1300 88 1899
For overseas customers call us at 603 2056 1111

AIA Vitality

JOIN THE WELLNESS MOVEMENT



AIA Vitality

Whatever living your best life means, we're here to help you make it happen.



How it works

AIA Vitality motivates you to make healthy choices through a sustainable and continuous 3-step cycle.

Know your health

Understand your current health status and discover your AIA Vitality Age.

You will also earn AIA Vitality Points by completing health assessments and health checks.

Improve your health

Set your health goals and engage in healthy activities, like exercising and eating right.

You can earn more AIA Vitality Points to move up your AIA Vitality Status.

Enjoy the rewards

Enjoy fantastic rewards as you progress.
The higher your AIA Vitality Status, the greater your reward.

The more points you earn, the greater your rewards

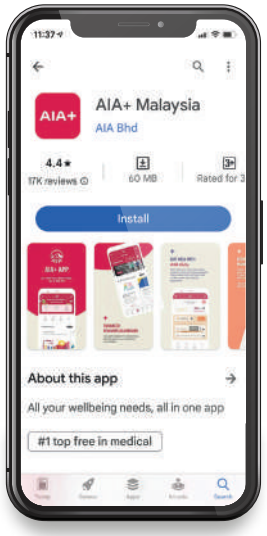
All AIA Vitality members start off with Bronze status, and earn points for making healthy lifestyle choices. The more points you earn, the higher your AIA Vitality status, the greater the rewards. You can even enjoy extra insurance benefits with AIA.

You start on Bronze status	10,000 AIA Vitality points	20,000 AIA Vitality points	30,000 AIA Vitality points
Bronze status	**Silver status**	**Gold status**	**Platinum status**
Up to RM300 health screening benefit	Up to RM300 health screening benefit	Up to RM500 health screening benefit	Up to RM600 health screening benefit
Nil	Nil	+5% of Total Health Wallet Amount every year	+10% of Total Health Wallet Amount every year

Your AIA Vitality Points will reset every membership year, but not to worry, your rewards will be based on the AIA Vitality Status you achieved from the previous year.

However during the year, if you earn enough points to reach an even higher AIA Vitality Status, you will automatically enjoy the benefits of your new AIA Vitality Status!

Getting started is easy!



Step 1
Download the AIA+ mobile app from the App Store, Google Play or Huawei App Gallery.

Step 2
Register for a AIA+ account.

Step 3
Login to your AIA+ account, and complete the About You assessment to find out what your AIA Vitality Age is.

Step 4
Link a compatible fitness app / device to the programme to start earning physical activity points and Weekly Challenge rewards.

Know Your Health by completing these free online assessments

Assessments	AIA Vitality Points to earn
About You Assessment	Up to 1,000 points
Mental Wellbeing Assessment	Up to 1,000 points
AIA Vitality Nutrition Assessment	Up to 1,000 points
Sleep Assessment	Up to 500 points
Exercise Assessment	Up to 500 points



Earn up to 4,000 points per year.
You can retake the above assessments every 6 months.

Complete all the assessments now and you can earn 2,000 points instantly!

Get Healthy

Know Your Health

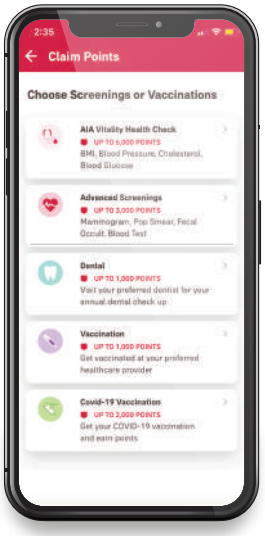
AIA Vitality Health Check

- Measure BMI, blood pressure, blood glucose and cholesterol.

Up to 10,000 points per membership year

Test	Completion	Result In Healthy Range
BMI	+1,000	+1,500
Blood Pressure	+1,000	+1,500
Blood Glucose	+1,000	+1,500
Cholesterol	+1,000	+1,500

Learn more at **www.bit.ly/vhchowto**



Advanced Health Screenings

Earn 1,000 points per screening and up to 3,000 points a year, depending on age and/or gender.

- Mammogram
- Pap Smear
- Fecal Occult Blood Test (FOBT)

Vaccinations

Earn 1,000 points per vaccination and up to 4,000 points a year, depending on age and/or gender.

- Flu
- Hepatitis B
- HPV
- Shingles
- Pneumococcal

Dental Assessment

Earn 1,000 points per year for completing annual dental assessment and submitting the receipt on the app.

Non-Smoking Declaration

Earn 1,000 points per year for completing the Non-Smoking Declaration.

Eat Healthy

Enjoy 10% off and earn 1 point for every ringgit spent on HealthyFood™ (fresh fruits and vegetables). Earn up to 400 points a month!



How it works

Step 1
Present your AIA Vitality e-card on the AIA+ app to cashier at checkout.

Step 2
Scan your purchase.

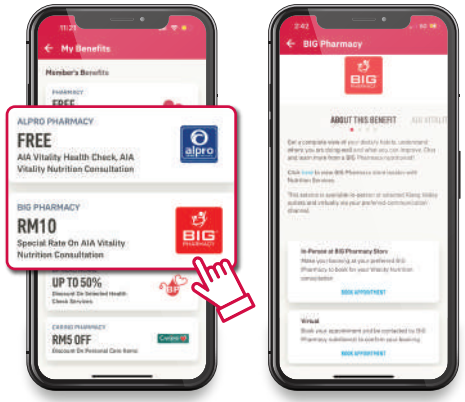
Step 3
Enjoy 10% off fresh fruits and vegetables.

Jaya GROCER

EVERRISE

AIA Vitality Nutrition Consultation

Know your diet with a virtual or in-person consultation.



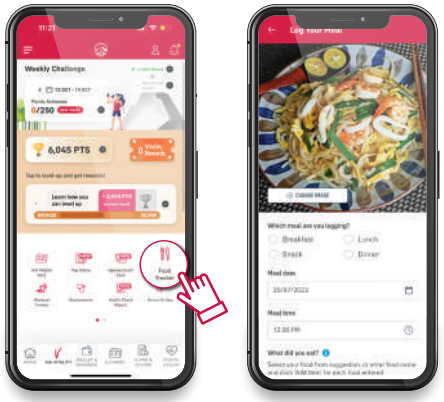
Step 1
Under Benefits, select either Alpro Pharmacy or BIG Pharmacy

Step 2
Book your appointment virtually or in-person.

* Members must complete the online Nutrition Assessment within the last 6 months as a pre-requisite.

Food Tracker

Upload a photo of your meal, earn up to 5 points each day and learn about your meals all at once with the new AI-powered Food Tracker.



Upload at least 7 photos a week and receive personalised nutritional advice from our dietitians the following week.

Learn more at
www.aia.com.my/vitalityfoodtracker

Get Active

Staying active is even more rewarding with AIA Vitality!

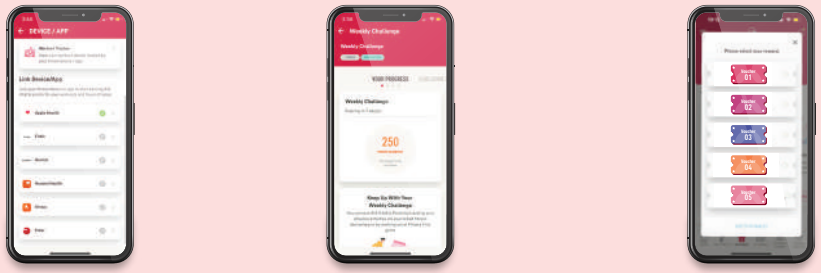
AIA+ Download and activate → Get active → Achieve weekly targets (POINTS ACHIEVED 50 / 150) → Get rewarded

Select between 2 challenges. Members can only participate in one at a time.

Complete your About You Assessment (Health Profile) to obtain your AIA Vitality Age first.

WEEKLY CHALLENGE

Earn rewards each week when you stay active



Step 1
Link your fitness device or app to the AIA+ app and start tracking your workouts or steps. Earn up to 150 points per day.

Step 2
Achieve your personalised weekly target (between 150 to 300 points) to qualify for a reward each week. Log into the AIA+ app every Monday to check your weekly target.

Step 3
Redeem your reward.

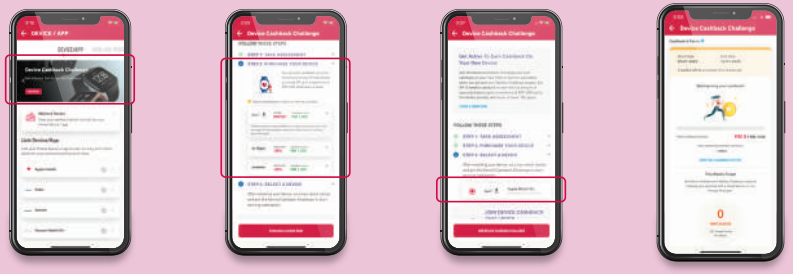
* *Sync your device to capture your points no later than Wednesday of the following week to be eligible for your reward.*

Learn more at
www.bit.ly/howtowc

OR

DEVICE CASHBACK CHALLENGE

Purchase a new device and earn RM10 cashback every week



Step 1
Select the Device Cashback Challenge from the 'Device/App' page.

Step 2
Purchase your preferred device from the list and have it delivered to your doorstep.

Step 3
Select your purchased device to join the challenge.

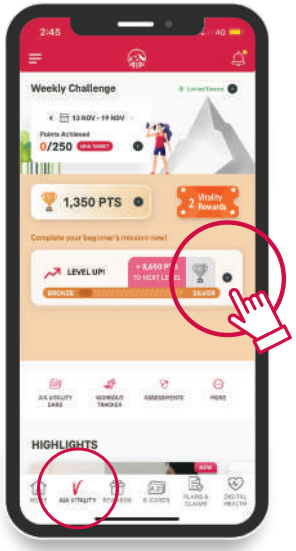
Step 4
Track your cashback progress.

Learn more at
www.aia.com.my/vitalitydcc

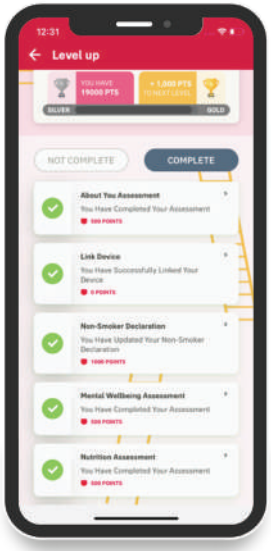
Level up your status to get more rewards!

Use the Level Up dashboard on your AIA+ app for personalised recommendations on how to earn points.

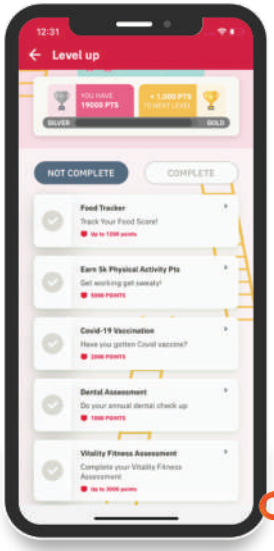
Step 1
On the AIA Vitality dashboard in your AIA+ app, select the Level Up dashboard.



Step 2
View the activities you've done so far.



Step 3
And complete the remaining activities so that you can earn points and level up quickly!





STAY UP TO DATE WITH THE LATEST ON AIA VITALITY

bit.ly/memberexclusivepage



SILVER 10,000 PTS

AIA Vitality Health Check	up to	10,000 pts

FREE AT guardian* BIG PHARMACY* CARING* Georgetown* Wellings* alpro*

OR

About You Assessment	ONLINE	500 pts
Mental Wellbeing Assessment	ONLINE	500 pts
Nutrition Assessment	ONLINE	500 pts
Sleep Assessment	ONLINE	250 pts
Exercise Assessment	ONLINE	250 pts
Non-Smoker's Declaration	ONLINE	1,000 pts
Steps or Workouts	up to 150 points per day	7,000 pts

PLATINUM 30,000 PTS

Steps or Workouts	up to 150 points per day	3,400 pts
AIA Vitality Fitness Assessment	up to	1,500 pts
Advanced Screenings	up to	3,000 pts
All 5 Online Assessments	6 months after last completion	2,000 pts
HealthyFood™ Purchase at Jaya Grocer	1 point for every RM1 spent	100 pts

GOLD 20,000 PTS

Steps or Workouts	up to 150 points per day	6,500 pts
Sleep Tracking	10 points per night of > 7 hours sleep	250 pts
Food Tracker	5 points per day	250 pts
Dental Assessment		1,000 pts
Flu Vaccination		1,000 pts
AIA Vitality Nutrition Consultation		1,000 pts

NEED TO KNOW

1. This is only a recommendation. You may complete the activities in no particular order (except the AIA Vitality Nutrition Consultation which can only be done after completing the AIA Vitality Nutrition Assessment).
2. All online assessments can be completed twice a year, 6 months apart within the membership year.
3. Up to 15,000 physical activity points per membership year and maximum of 10,000 step points in a membership year.
4. The AIA Vitality Nutrition Assessment and Nutrition Consultation has a combined limit of 2,500 points per membership year.
5. You can earn a maximum of 400 points per month, or a maximum of 4,800 points per membership year from your HealthyFood™ spend.
6. The AIA Vitality Health Check is limited to one per membership year at either Guardian or BIG Pharmacy or Caring or Georgetown or Wellings or Alpro pharmacies. Prior appointment must be made.

AIA Vitality Member Benefits and Rewards

Your guide to wellness

KNOW YOUR HEALTH			HOW DOES IT WORK?	AIA VITALITY POINTS	POINTS LIMIT PER ANNUM
HEALTH SCREENINGS					
guardian	**AIA Vitality Health Check** (4 basic tests for FREE once per membership year or RM13 for subsequent rounds) **AIA Vitality Express Health Check** (RM3 for three quick tests) **Rapid Cholesterol Test** (RM10 for this test)	Going for a health check is a great first step to help you identify your health risks: - Body Mass Index (BMI) - Blood Pressure - Blood Glucose - Rapid Cholesterol Test (Not included in AIA Vitality Express Health Check)	Call for a health check appointment at your selected BP Healthcare or Guardian outlet. Present your AIA Vitality e-membership card when you go for your appointment.* *For tests done at your own preferred healthcare provider you can submit your results manually via AIA+ app to earn points.	1,000 per assessment Bonus 1,500 per assessment if your results are in the recommended healthy range.	Up to 10,000
BIG PHARMACY	**AIA Vitality Health Check** (4 basic tests for FREE once per membership year or RM11 for subsequent rounds)	Going for a health check is a great first step to help you identify your health risks: - Body Mass Index (BMI) - Blood Pressure - Blood Glucose - Total Cholesterol Test			
	AIA Vitality Health Check with full lipid profile test (RM22 for this test)	This health covers: - Body Mass Index (BMI) - Blood Pressure - Blood Glucose - Full Lipid Profile Test			
	AIA Vitality Nutrition Consultation RM10	Get a complete view of your dietary habits.	Complete the online Nutrition Assessment, then make an appointment for a virtual or in-person consultation through the AIA+ app.	1,000 per assessment (Twice a year, frequency determined by dietician)	Up to 2,500* *Combined limit with AIA Vitality Nutrition Assessment.

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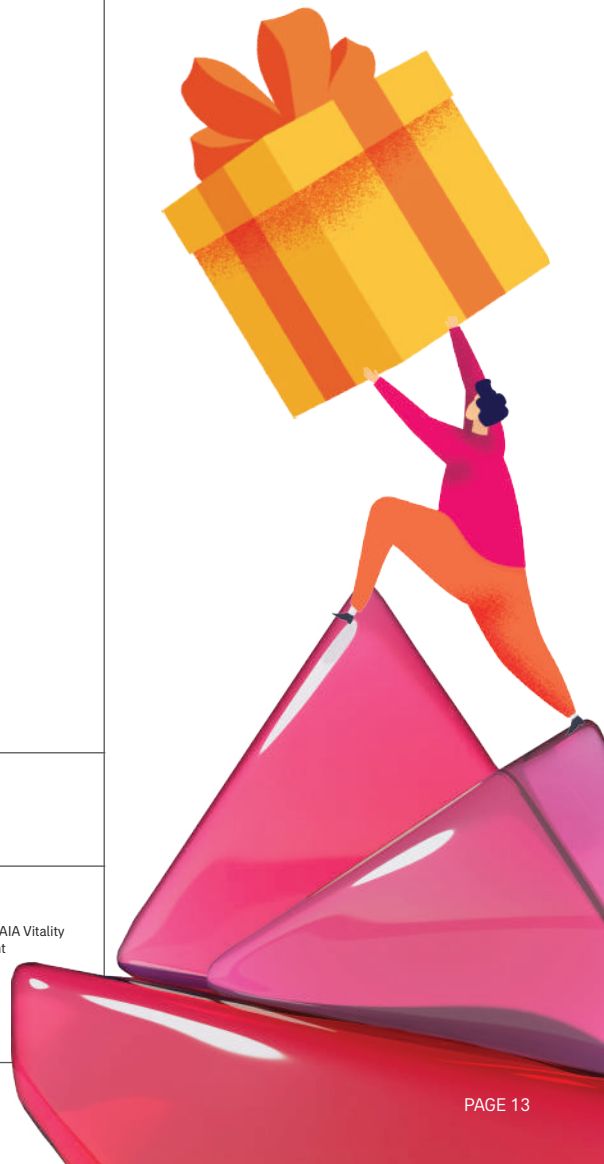


AIA Vitality Member Benefits and Rewards

Your guide to wellness

KNOW YOUR HEALTH			HOW DOES IT WORK?	AIA VITALITY POINTS	POINTS LIMIT PER ANNUM
HEALTH SCREENINGS					
CARING PHARMACY / George Town Pharmacy / Wellings — A member of CARING Pharmacy Group	**AIA Vitality Health Check** (4 basic tests for FREE once per membership year or RM11 for subsequent rounds)	Going for a health check is a great first step to help you identify your health risks: - Body Mass Index (BMI) - Blood Pressure - Blood Glucose - Total Cholesterol Test	Call for a health check appointment at your selected outlet. Present your AIA Vitality e-membership card when you go for your appointment* *For tests done at your own preferred healthcare provider you can submit your results manually via AIA+ app to earn points.	1,000 per assessment Bonus 1,500 per assessment if your results are in the recommended healthy range.	Up to 10,000
	AIA Vitality Health Check with full lipid profile test (RM22 for this test)	This health covers: - Body Mass Index (BMI) - Blood Pressure - Blood Glucose - Full Lipid Profile Test			
alpro pharmacy	**AIA Vitality Health Check** (4 basic tests for FREE once per membership year or RM9 for subsequent rounds)	Going for a health check is a great first step to help you identify your health risks: - Body Mass Index (BMI) - Blood Pressure - Blood Glucose - Total Cholesterol Test - Waist Circumference - Muscle Strength Test			
	AIA Vitality Health Check with Uric Acid Test (RM12 for this test)	- This health covers: - Body Mass Index (BMI) - Blood Pressure - Blood Glucose - Total Cholesterol Test - Waist Circumference - Muscle Strength Test - Uric Acid Test			
	Flu Vaccination RM10 off	Fight the flu		1,000	1,000
	AIA Vitality Nutrition Consultation Free with Alpro membership (one-off fee of RM10)	Get a complete view of your dietary habits.	Complete the online Nutrition Assessment, then make an appointment through the AIA+ app for an in-person consultation at Alpro Pharmacy	1,000 per consultation (twice a year)	Up to 2,500* *Combined limit with AIA Vitality Nutrition Assessment

Please note that all information displayed in this Membership Guide is a summary of the AIA Vitality benefits. Specific terms and conditions apply to each benefit and is subject to change.



AIA Vitality Member Benefits and Rewards

Your guide to wellness

KNOW YOUR HEALTH			HOW DOES IT WORK?	AIA VITALITY POINTS	POINTS LIMIT PER ANNUM
HEALTH SCREENINGS					
BP	**AIA Vitality Health Check** All 4 tests at 50% discount	- Body Mass Index (BMI) - Blood Pressure - Blood Glucose - Rapid Cholesterol Test (Not included in AIA Vitality Express Health Check)	Call for an appointment for dental assessment, advanced screenings, and vaccinations at BP Healthcare. Present your AIA Vitality e-membership card when you go for your appointment.* *For tests and vaccinations done at your own preferred healthcare provider you can submit your results manually via AIA+ app to earn points.	1,000 per assessment Bonus 1,500 per assessment if your results are in the recommended healthy range.	Up to 10,000
	Advanced Screenings 18% discount	Find out your health risks when you complete these screenings: - Fecal Occult Blood Test (FOB test (adults 45+)) - Pap Smear (Females 16+) - Mammogram (Females 40+)		1,000 per screening	Up to 3,000
	Vaccinations 10% discount	Protect yourself with these vaccinations: - Flu vaccination (adults 16+) - Hep B (adults 16+, once a lifetime) - Shingles (adults 60+, once a membership year) - Pneumococcal (adults 65+, once a membership year)		1,000 per vaccination	Up to 4,000
	Dental Assessment 50% discount	Maintain good dental health.		1,000	1,000
	AIA Vitality Nutrition Consultation RM30	Get a complete view of your dietary habits.	Complete the online Nutrition Assessment, then make an appointment for a virtual or in-person consultation through the AIA+ app.	1,000 per assessment (Twice a year, frequency determined by dietician)	Up to 2,500* *Combined limit with AIA Vitality Nutrition Assessment.
FITNESS ASSESSMENT					
Fitness First	**AIA Vitality Fitness Assessment** FREE	Learn more about your current fitness level.	Make an appointment with Fitness First via the AIA+ App. Present your AIA Vitality membership card when you go for your appointment.	750 per assessment (Twice a year, 6-months apart) Bonus 750 per assessment if your result are in the recommended healthy range.	Up to 3,000

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AIA Vitality Member Benefits and Rewards

IMPROVE YOUR HEALTH			HOW DOES IT WORK?	AIA VITALITY POINTS	POINTS LIMIT PER ANNUM
GYM AND FITNESS					
Fitness First	Enjoy gym membership fee discounts.	20% off membership fee.	Visit a Fitness First gym to enquire and sign up.	100 points daily	Up to 15,000
FITNESS APPAREL					
PUMA	Enjoy discounts on running and training gear.	Up to 25% off normal-priced running and training gear.	Only available at PUMA outlets nationwide & show your AIA Vitality membership e-card upon payment at cashier to enjoy the discount.	-	-
FITNESS DEVICES					
Switch GARMIN SAMSUNG	**Device Cashback Challenge** Get your fitness device on us or up to RM1,040 cashback.	Earn RM10 cashback weekly when you achieve your personalised weekly target.	Purchase a device from the challenge page on the AIA+ app.	Up to 100 points daily	Up to 15,000
GARMIN HUAWEI SAMSUNG	Up to 20% off on selected fitness tracking devices.	Track your physical activities to improve your health and fitness using mobile apps or Fitness Tracking Devices.	Link the devices/apps to AIA Vitality and sync your workout data to earn points.	Up to 100 points daily	Up to 15,000
Other Devices and Free Mobile apps.		Track your rest time and get a good night's sleep of 7 hours or longer.	Link the device/apps to AIA Vitality and sync your sleep data to earn points.	10 points daily	Up to 2,000

			HOW DOES IT WORK?	AIA VITALITY POINTS	POINTS LIMIT PER ANNUM
SMOKING CESSATION					
BP	Sign up for a Smoking Cessation Programme and receive a complimentary RM150 cash voucher.	Make a healthier lifestyle choice and stop smoking.	Complete a non-smoker's declaration if you are a non-smoker have not smoked within the last 3 months.	1,000 (once a year)	1,000
HEALTHYFOOD™					
Jaya GROCER EVERRISE	Enjoy 10% off and earn 1 point for every ringgit spent on HealthyFood™ (fresh fruits and vegetables).	Enjoy savings and earn AIA Vitality Points when purchasng fresh fruits and vegetables. Monthly limit of RM400 spend on HealthyFood™ items.	Present your AIA Vitality e-card from the AIA+ app at checkout to enjoy this discount and earn points.	1 for every Ringgit spend on HealthyFood™ items.	Up to 4,800 (maximum 400 per month)

AIA Vitality Member Benefits and Rewards

ENJOY THE REWARDS		HOW DOES IT WORK?		HOW DOES IT WORK?			
INSURANCE BENEFIT							
	Get extra insurance benefits on eligible life insurance or Takaful plans. Subject to terms and conditions of the eligible plans.	**A-Life Wealth Premier**[1,3] Vitality Wealth Booster: Enjoy extra rewards when you live healthier with AIA Vitality. Your initial Vitality Wealth Booster Percentage is 20%. For each subsequent year, the Vitality Wealth Booster Percentage may vary depending on your AIA Vitality Status 45 days before your Vitality Wealth Booster Anniversary. Vitality Wealth Booster payable is subject to a maximum 20% of your basic plan's coverage amount. **A-Plus Health 2**[1,3] Health Rewards: Enjoy additional Health Rewards on top of your benefits without having to pay additional premium. The more AIA Vitality points you earn, the higher your AIA Vitality Status, the better your rewards.	For further details, talk to an AIA Life Planner.		Get extra insurance benefits on eligible life insurance or Takaful plans. Subject to terms and conditions of the eligible plans.	**A-Life Beyond Critical Care**[1,4] Yearly Cash Bonus: Get cash back annually when you make healthy choices with AIA Vitality. The Yearly Cash Bonus is paid out on each policy anniversary and is subject to a maximum of 20% of Basic Premium Paid. The Yearly Cash Bonus may vary depending on your AIA Vitality Status as at 45 days before your Policy Anniversary. The higher your AIA Vitality status, the higher your Yearly Cash Bonus! **A-Life Kritikal Protector**[2,4] Vitality Booster: Enjoy extra rewards when you live healthier with AIA Vitality without having to pay additional premium. Earn better rewards with higher AIA Vitality Status. Vitality Booster is payable upon occurrence of a claim event based on the coverage amount.	For further details, talk to an AIA Life Planner.

A-Life Wealth Premier[1,3]

AIA Vitality Status	Change in Vitality Wealth Booster Percentage from previous year
Platinum	Vitality Wealth Booster Percentage increases by 1% (+1%) from previous year.
Gold	No change (0%) in Vitality Wealth Booster Percentage
Silver	Vitality Wealth Booster Percentage decreases by 2% (-2%)
Bronze	Vitality Wealth Booster Percentage decreases by 4% (-4%)

A-Plus Health 2[1,3]

AIA Vitality Status	Hospitalisation Cost Benefit (upon hospital admission)	Hospital Room & Board Benefit Upgrade (upon hospital admission)	Health Wallet Booster
Platinum	RM500 waived	+100% of Initial Room & Board Benefit Amount	+10% of Total Health Wallet Amount every year
Gold	RM250 waived	+50% of Initial Room & Board Benefit Amount	+5% of Total Health Wallet Amount every year
Silver	Nil	Nil	Nil
Bronze	Nil	Nil	Nil

A-Life Beyond Critical Care[1,4]

AIA Vitality Status	Yearly Cash Bonus	Health Screening Benefit (every 2 years)
Platinum	20% of the basic premium & any loading premium paid for the year	Up to RM600
Gold	10% of the basic premium & any loading premium paid for the year	Up to RM500
Silver	0% of the basic premium & any loading premium paid for the year	Up to RM300
Bronze	0% of the basic premium & any loading premium paid for the year	Up to RM300

A-Life Kritikal Protector[2,4]

AIA Vitality Status	Vitality Booster Percentage
Platinum	20%
Gold	10%
Silver	2%
Bronze	Nil

[1] This product is offered by AIA Bhd. 200701032867 (790895-D). AIA Bhd. is a member of PIDM.
[2] This product is offered by AIA PUBLIC Takaful Bhd. 201101007816 (935955-M). AIA PUBLIC Takaful Bhd. is a member of PIDM.
[3] PROTECTION BY PERBADANAN INSURANS DEPOSIT MALAYSIA ("PIDM") ON BENEFITS PAYABLE FROM THE UNIT PORTION OF THIS CERTIFICATE/POLICY/PRODUCT IS(ARE) SUBJECT TO LIMITATIONS. Please refer to PIDM's Takaful and Insurance Benefits Protection System ("TIPS") Brochure or contact us or PIDM (visit www.pidm.gov.my).
[4] The benefit(s) payable under eligible certificate/policy/product is(are) protected by Perbadanan Insurans Deposit Malaysia ("PIDM") up to limits. Please refer to PIDM's Takaful and Insurance Benefits Protection System ("TIPS") Brochure or contact us or PIDM (visit www.pidm.gov.my).

AIA Vitality Member Benefits and Rewards

ENJOY THE REWARDS	HOW DOES IT WORK?	
INSURANCE BENEFIT		
AIA	Get extra insurance benefits on eligible life insurance or Takaful plans. Subject to terms and conditions of the eligible plans.	**A-Life Legasi Beyond** [2,3] Vitality Booster: Enjoy additional rewards when you live healthier with AIA Vitality without having to pay additional premium. Vitality Booster is payable upon occurrence of a claim event based on the coverage amount or upon maturity. The more AIA Vitality points you earn, the higher your AIA Vitality Status and the better your rewards! AIA Vitality Status / Vitality Booster Payable Upon Claim Event / Vitality Booster Payable Upon Maturity Platinum: 20% / 2% Gold: 10% / 1% Silver: 2% / Nil Bronze: Nil / Nil
LIFESTYLE		
Expedia	Enjoy up to 30% off on Expedia hotel bookings. T&C apply.	Platinum: 30% off or capped at RM300 Gold: 20% off or capped at RM200 Silver: 10% off or capped at RM100 Bronze: 8% off or capped at RM80
GSC	Enjoy up to RM12 on movie tickets at GSC locations across Malaysia. T&C apply.	Platinum: RM12 off Gold: RM10 off Silver: RM5 off Bronze: RM2 off

HOW DOES IT WORK?		
DINING		
salad atelier	20% off total receipt at Salad Atelier outlets nationwide.	Valid for dine-in or takeaway meals, up to 4 meals per receipt. Maximum 2 redemptions per day per member.
FITNESS DEVICES & LIFESTYLE		
SAMSUNG	Enjoy up to 25% off selected products: Galaxy Smartphones & tablets, Samsung accessories and Consumer electronics.	Up to 25% off selected products.
RETAIL		
medklinn your world	Enjoy 25% off selected Medklinn Air+ Surface Sterilizers.	Limited to 5 units per model per membership year.
AIA VITALITY WEEKLY CHALLENGE REWARDS		
	RM5 rewards every week. * Rewards line-up is subject to change from time to time.	Up to RM8 rewards every week

For further details, talk to an AIA Life Planner.	
Access Expedia's website from the AIA+ app.	
Generate your promo codes from the AIA+ app to enjoy discounts on movie ticket purchases	
Show the QR code from the Salad Atelier page on the AIA+ app upon purchase.	
Get your registration code from AIA+ app to create a Samsung account.	
Access Medklinn online store via AIA+ App. Enter the promotion code provided and your AIA Vitality membership number to enjoy the discount.	
Achieve your personalised weekly target each week to qualify for a reward on your AIA+ app. Note: To achieve your Weekly Target and earn your Rewards, you must obtain your AIA Vitality Age and sync a fitness tracking device or app to your AIA Vitality account.	

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AIA Vitality Member Benefits and Rewards

* Subject to change.

ONLINE ASSESSMENTS
About You Assessment
Mental Wellbeing Assessment
Nutrition Assessment
Sleep Assessment
Exercise Assessment

HEALTH SCREENINGS
AIA Vitality Health Check
Free once per membership year

AIA Vitality Health Check
Free once per membership year

AIA Vitality Nutrition Consultation
Free with Alpro membership (one-off fee of RM10)

Flu Vaccination
RM10 off

AIA Vitality Nutrition Consultation
RM10

AIA Vitality Health Check
50% off

Advanced Screenings
18% off

Vaccinations
10% off

Dental Assessment
50% off

AIA Vitality Nutrition Consultation
RM30

FITNESS ASSESSMENT
AIA Vitality Fitness Assessment
Free



HEALTHYFOOD™
Fresh Fruits and Vegetables
10% off

FITNESS APPAREL
Running and Training Gear
Up to 25% off

GYM & FITNESS
Gym Membership
20% off

SMOKING CESSATION
Smoking Cessation Programme
RM150 cash voucher

FITNESS DEVICES
Up to 20% off

DEVICE CASHBACK CHALLENGE
Up to RM1000 cashback

RETAIL
Air-Surface Sterilisers
25% off

Movie
Up to RM12 off

Hotel Benefits
Up to 30% off

LIFESTYLE DEVICES
Selected products
Up to 25% off

DINING
Dine-in or takeaway
20% off total receipt

AIA INSURANCE BENEFITS
Selected insurance and Takaful plans
*Approach your Life Planner for details

AIA VITALITY WEEKLY CHALLENGE
Weekly voucher rewards

