

ADVENTIST LIFESTYLE CENTRE

Tel: 604-222 7779 / 222 7732; email: wellness@pah.com.my

Penang Adventist Hospital

465 Jalan Burma, 10350 Penang, Malaysia

Tel: 604-222 7200

Website: www.pah.com.my



Adventist Wellness Screening Packages – Corporate Rates
Effective - 1st January 2024

Profile	Packages			
	Premier		Premier Plus	
	Male	Female	Male	Female
Physical Exam & Consultation by Wellness Doctor	•	•	•	•
Health Risk Appraisal (HRA) which includes:- - Lifestyle Evaluation & Aerobic Fitness Evaluation - Diet Recall & Consultation - Body Fat Analysis, Flexibility Test	•	•	•	•
Lab Tests for Blood & Urine (> 50 test parameters)*	•	•	•	•
Diabetes Screening – Fasting Glucose & HbA1c	•	•	•	•
Stool for Occult Blood	•	•	•	•
Stress ECG **	•	•	•	•
Chest X-ray	•	•	•	•
Ultrasound of Upper Abdomen	•	•	•	•
Ultrasound of Pelvis / Lower Abdomen			•	•
MRI Abdomen & Pelvis				
Glaucoma Test (Eye Pressure Check)				
Lung Function Test				
DEXA Hip & Spine (Osteoporosis Screen)				
Mammogram (Breast X-ray)				
Ultrasound Breasts				•
Pap Smear & Pelvic Exam by Wellness Doctor				
Helicobacter Pylori IGG			•	
CEA (Tumour Marker- Colon)			•	
PSA (Tumour Marker -Prostate)				
CA 19.9 (Tumour Marker – Pancreas)				
CA 15.3 (Tumour Marker – Breast)				
CA 125 (Tumour Marker – Ovaries)				
Hepatitis A Antibodies - IGG & IGM				
Hepatitis C				
High Sensitive C-Reactive Protein				
Homocysteine				
Audiometry				
Vitamin D Deficiency Test – Blood Test			•	
Package Price (RM)	730.00	730.00	NA	NA
Package Corporate Price (RM)	657.00	657.00	800.00	800.00

* LAB TESTS FOR BLOOD & URINE (> 50 test parameters)

Blood Group (ABO & Rh), **Full Blood Examination** (*Haemoglobin, PCV, Total White Blood Cell – Neutrophils, Lymphocytes, Monocytes, Eosinophils, Basophils, Red Blood Cell Index – Total Red Blood Cell, MCV, MCH, MCHC, Platelet count*), **ESR**, **Lipids Profile** (*Total Chol, HDL, LDL, Trig, Tol Chol/HDL*), **Hep B Antibody** (*HbsAb*) & **Antigen** (*HbsAg*), **TSH** (Thyroid), **RA Factor** (Rheumatoid Arthritis), **AFP** (Alpha Feto Protein), **Kidney Function** [*Urine FEME, Sodium, Potassium (K+), Chloride, Carbon Dioxide, Calcium (CA ++), Creatinine, Phosphate (PO4)*], **Uric Acid** (Urate), **Liver Function** (*Total Bilirubin, Total Protein, Albumin, Globulin, Alkaline Phosphatase, AST (SGOT), ALT (SGPT) & GGT*)

** All ECG will be evaluated by the Cardiologist



**Adventist Wellness Screening Packages – Corporate Rates
Effective - 1st January 2024**

Profile	Packages				
	Gold			Supreme	
	Male	Female	Female	Male	Female
Physical Exam & Consultation by Wellness Doctor	●	●	●	●	●
Health Risk Appraisal (HRA) which includes:- - Lifestyle Evaluation & Aerobic Fitness Evaluation - Diet Recall & Consultation - Body Fat Analysis, Flexibility Test	●	●	●	●	●
Lab Tests for Blood & Urine (> 50 test parameters)*	●	●	●	●	●
Diabetes Screening – Fasting Glucose & HbA1c	●	●	●	●	●
Stool for Occult Blood	●	●	●	●	●
Stress ECG **	●	●	●	●	●
Chest X-ray	●	●	●	●	●
Ultrasound of Upper Abdomen	●	●	●		
Ultrasound of Pelvis / Lower Abdomen	●	●	●		
MRI Abdomen & Pelvis (without Contrast)				●	●
Glaucoma Test (Eye Pressure Check)	●	●	●	●	●
Lung Function Test	●	●	●	●	●
DEXA Hip & Spine (Osteoporosis Screen)	●	●	●	●	●
Ultrasound Breasts			●		●
Mammogram 3D (Breast X-ray)		●			●
Pap Smear & Pelvic Exam by Wellness Doctor		●	●		
Helicobacter Pylori IGG	●	●	●	●	●
CEA (Tumour Marker- Colon)	●	●	●	●	●
PSA (Tumour Marker -Prostate)	●			●	
CA 19.9 (Tumour Marker – Pancreas)				●	●
CA 15.3 (Tumour Marker – Breast)					●
CA 125 (Tumour Marker – Ovaries)		●	●		●
Hepatitis A Antibodies - IGG & IGM				●	●
Hepatitis C				●	●
High Sensitive C-Reactive Protein				●	●
Homocysteine				●	●
Audiometry				●	●
Vitamin D Deficiency Test				●	●
HPV DNA Testing (Cervical Cancer Screening)					●
Package Price (RM)	1,030.00	1,210.00	1,180.00	2,320.00	2,750.00
Package Corporate Price (RM)	978.50	1,149.50	1,121.00	2,204.00	2,612.50

* LAB TESTS FOR BLOOD & URINE (> 50 test parameters)

Blood Group (ABO & Rh), Full Blood Examination (Haemoglobin, PCV, Total White Blood Cell – Neutrophils, Lymphocytes, Monocytes, Eosinophils, Basophils, Red Blood Cell Index – Total Red Blood Cell, MCV, MCH, MCHC, Platelet count), ESR, Lipids Profile (Total Chol, HDL, LDL, Trig, Tol Chol/HDL), Hep B Antibody (HbsAb) & Antigen (HbsAg), TSH (Thyroid), RA Factor (Rheumatoid Arthritis), AFP (Alpha Feto Protein), Kidney Function [Urine FEME, Sodium, Potassium (K+), Chloride, Carbon Dioxide, Calcium (CA ++), Creatinine, Phosphate (PO4)], Uric Acid (Urate), Liver Function (Total Bilirubin, Total Protein, Albumin, Globulin, Alkaline Phosphatase, AST (SGOT), ALT (SGPT) & GGT)

** All ECG will be evaluated by the Cardiologist

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C/o Penang Adventist Hospital (00-604-222 7200)

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OPTIONAL TEST – EFFECTIVE 1st Jan 2024 – 31st Dec 2024
 (Only applicable with signing up the Wellness Package)

Glaucoma Test (Eye Pressure Test)	RM25.00	CEA (Tumour Marker ~ Colon)	RM50.80
Lung Function Test	RM28.00	CA 19.9 (Tumour Marker ~ Pancreas)	RM84.00
HPV DNA Testing (Cervical Cancer Screening) By Wellness Doctor (Women age above 30 // 3-5 yearly check)	RM226.60	PSA (Tumour Marker ~ Prostate) (Men age above 40)	RM48.00
Pap Smear By Wellness Doctor (Women age below 30)	RM60.00	CA15.3 (Tumour Marker ~ Breasts)	RM73.50
DEXA Hip OR Spine (1 region) – Bone Density	RM100.00	CA125 (Tumour Marker ~Ovaries)	RM70.40
DEXA Hip & Spine (2 region) – Bone Density	RM170.00	Hepatitis A Antibodies	RM70.00
Ultrasound Lower Abdomen / Pelvis (Add on)	RM100.00	Hepatitis C	RM69.30
Ultrasound Breasts	RM170.00	HIV (AIDS) Antibodies I & II	RM48.60
Mammogram 3D (Women age above 40)	RM180.00	Helicobacter Pylori IGG	RM35.70
Vitamin D Deficiency Test	RM60.00	Urea Breath Test	RM233.00
T3 & T4 – Thyroid Hormone Test	RM75.60		
CT Angiogram (Heart Scan) EXCLUDE cardiologist consultation fee			RM1,700.00

*** LAB TESTS FOR BLOOD & URINE (> 50 test parameters)**

Blood Group (ABO & Rh), **Full Blood Examination** (*Haemoglobin, PCV, Total White Blood Cell – Neutrophils, Lymphocytes, Monocytes, Eosinophils, Basophils, Red Blood Cell Index – Total Red Blood Cell, MCV, MCH, MCHC, Platelet count*), **ESR**, **Lipids Profile** (*Total Chol, HDL, LDL, Trig, Tol Chol/HDL*), **Hep B Antibody (HbsAb) & Antigen (HbsAg)**, **TSH** (Thyroid), **RA Factor** (Rheumatoid Arthritis), **AFP** (Alpha Feto Protein), **Kidney Function** [*Urine FEME, Sodium, Potassium (K+), Chloride, Carbon Dioxide, Calcium (CA ++), Creatinine, Phosphate (PO4)*], **Uric Acid** (Urate), **Liver Function** (*Total Bilirubin, Total Protein, Albumin, Globulin, Alkaline Phosphatase, AST (SGOT), ALT (SGPT) & GGT*)

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